

2020 Year 10 Enrichment Program Information

Stepping Up and Checking In



The Year 10 Enrichment Program is a valuable week long program culminating the completion of junior years and recognising the transition into senior school. It contains three main components; **YOU, YOUR SCHOOL & YOUR COMMUNITY**. Students participate in a range of activities in each of these areas according to personal choice.

The week-long program promotes opportunities for students to build leadership skills, set goals, gain information about personal safety and strategies to effectively transition to the senior school. It will also foster the opportunity to build strong relationships with

their teachers, peers and the community alike. This year there will be a focus on mental health, inclusion, and checking in on your peers.

Community

Students are provided with the opportunity to 'give back' to their school and community by volunteering their time in a range of areas for their **COMMUNITY session**. Similar to the work experience model, students are placed in community Non-for-Profit organisations such as The Cancer Council, Smith Family, retirement homes and hospitals to name a few, where they volunteer their time and support. Students gain a sense of pride in their actions while fostering teamwork within their year group.

You

These sessions encourage students to participate in programs of personal interest. This is designed to provide personal success for the students to engage in an activity that allows them to thrive in a positive and encouraging learning environment. This is also an opportunity to have meaningful conversations with friends and learn the art of listening and supporting. The **YOU session** will include activities such as; jewellery making, cooking, reading, fitness, karate, and fishing to name a few.



Your School

The **YOUR SCHOOL session** will involve participating in an area or faculty of the school that allows students to offer help and assistance. This includes the opportunity to work on the farm, in our Support Unit, in the gym, print room, staff faculties etc.

Transition to the Senior School

These sessions will be designed to inform students about senior study and expectations and also provide the necessary strategies to cope with the increasing pressure of senior school. These will include study skills sessions and insight into senior subjects.

We genuinely hope that this is a positive experience for all students to participate in activities facilitated by staff and community members. Through these activities students will gain an appreciation for the work, school and community groups provide. Most importantly, it should be a rewarding experience for the whole year group to build a strong “in school” community.

Wellbeing



Students will participate in sessions where special guests such as the Police Liaison Officer, a representative from Ambulance NSW, Relationships Australia advocates and other community guests to promote positive and safe physical and emotional wellbeing. There will be a focus on safe drinking / drugs, building positive relationships and mental health to ensure that WWHS students are armed with the safe and correct information.



We will also participate in Wellbeing sessions focusing on promoting and building a culture of mateship and togetherness. Some events will also help raise money for chosen charities. The Thursday will be held at The Rock accessing their pool, gym and oval to engage in fun activities to foster collegiality and friendly competition.

Food

We will be including a pancake breakfast at school and a hot chips lunch during the Colour Run. When we go to The Rock, students will be able to access the Café. If students have any specific dietary needs, they are encouraged to bring their own lunch from home.

Kind Regards,

Miss Brown

Year 10 Student Advisor



Sponsored By: Wagga RSL, Estella Rise, JM Productions, Build Pro, Club Lime Wagga

In Support of: Riverina Bluebell (2019) 2020 Charity TBC