

BeYou Early Childhood Australia: Links to Resources used in Presentation	
Slide Name and Number	Link to resource
Slide 5: Be safe message	Staff wellbeing Page https://beyou.edu.au/fact-sheets/wellbeing/staff-wellbeing
Slide 6: Overview of the two morning sessions	Be You Website https://beyou.edu.au
Slide 8: Be You aims	Registering with Be You is quick, easy – and FREE https://beyou.edu.au/register
Slide 9: Be You Framework Link to existing frameworks – NQS & EYLF	Supporting your existing priorities https://beyou.edu.au/get-started/support-existing-priorities
Slide 11 Mental Health Continuum	Mental Health Continuum https://beyou.edu.au/resources/mental-health-continuum
Slide 13 Mentally healthy communities Community approach and PPI model	Understanding Mentally Healthy Communities https://beyou.edu.au/learn/mentally-healthy-communities/understand
Slide 15 Risk and Protective Factors – child example in the setting of their ELS/family/community	Risk Factors and Protective Factors https://beyou.edu.au/learn/mentally-healthy-communities/understand/early-learning/risk-factors-and-protective-factors
Slide 16 What protective factors are in your community	COVID-19 Toolkit https://beyou.edu.au/resources/news/covid-19-supporting-early-learning-communities Bushfire-Response Toolkit https://beyou.edu.au/bushfires-response
Slide 21 Effects/impacts & recovery of natural disasters Resilience – include meaning of and why important	Early Support Module https://beyou.edu.au/learn/early-support Find out about the BELTS Tool here https://beyou.edu.au/resources/news/belts-observation-tool
Slide 22 BETLS Tool	Access your copy of the BELTS tool https://beyou.edu.au/resources/tools-and-guides
Slide 25 Resource Packs for educators:- Bushfire response & COVID-19	Bushfire Response toolkit https://beyou.edu.au/bushfires-response Covid-19 response toolkit https://beyou.edu.au/resources/news/covid-19-supporting-early-learning-communities

<p>Slide 26 Responding Collaboratively</p>	<p>Responding Together domain:- https://beyou.edu.au/learn/responding-together</p>
<p>Slide 30 Remembering wellbeing at work</p>	<p>Wellbeing resources:- https://beyou.edu.au/fact-sheets/wellbeing</p> <p>Staff wellbeing:- https://beyou.edu.au/fact-sheets/wellbeing/staff-wellbeing</p>
<p>Slide 31 Taking a moment for my mental health matters</p>	<p>Wellbeing tools for 'you':- https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-you</p>
<p>Slide 32 Your mental health & wellbeing map</p>	<p>Always Be You suite of resources:- https://beyou.edu.au/resources/always-be-you</p> <p>Good Mental Health' Action Chart:- Good mental health PDF 4.0MB; Word, 3.1MB</p>